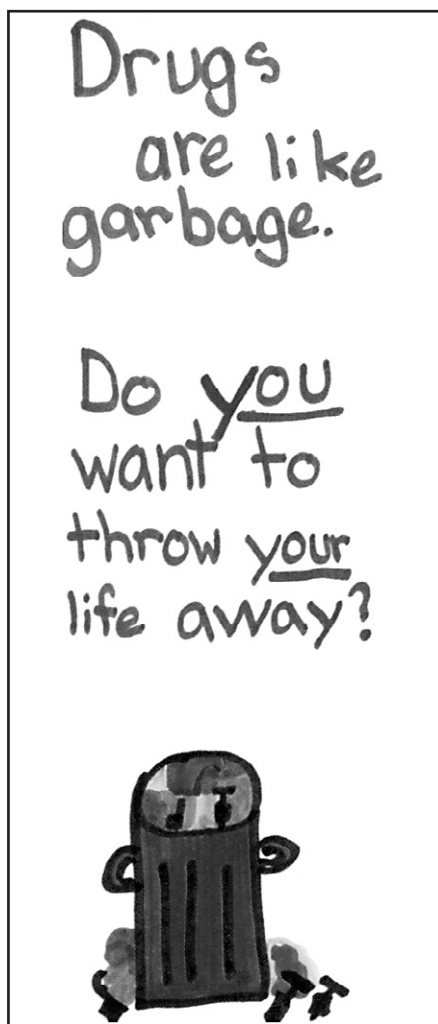


# Drug Free Alliance Resources

## Helpful Drug Prevention Websites

- [www.drugfreeamerica.org](http://www.drugfreeamerica.org) - Partnership for a Drug-Free America. Factual and persuasive information available that will help kids and teens reject substance abuse and make healthy choices.
- [www.theantidrug.com](http://www.theantidrug.com) - Parents: The Anti-Drug. Information and resources available to parents and families with helping their children stay drug and alcohol free.
- [www.teens.drugabuse.gov/about.asp](http://www.teens.drugabuse.gov/about.asp) - NIDA for Teens. The National Institute on Drug Abuse (NIDA) created this website to educate adolescents ages 11 through 15, as well as their parents and teachers, on the science behind drug abuse.



Artwork by: Jackie Kuebler

## Drug Prevention Brochures

- **Tips for Raising Drug-Free Teens Brochure**  
Available in English and Spanish, helps parents monitor their kids and be proactive in their lives. To order free copies of the brochure, please call NADI at 1-800-729-6686
- **Growing up Drug-Free, A Parent's Guide to Prevention.**  
To order additional copies of this guide free of charge, please call the Department of Education's toll free number 1-800-624-0100 or send your name and address to: Growing Up Drug Free, Pueblo, CO 81009

## "Need Help Now?"

### Local prevention & treatment resources:

- **Chemical Dependency Service, Trinity Regional Medical Center, Fort Dodge, Iowa:** Providing all levels of outpatient substance abuse services for adults and adolescents for the local and regional area. Phone 515-574-6502 Website: [www.trmc.org](http://www.trmc.org)
- **Community & Family Resources, Fort Dodge, Iowa:** A behavioral healthcare organization services the needs of the chemically dependent, compulsive gambler, families and communities through individualized treatment and prevention services. [www.communityandfamilyresources.org](http://www.communityandfamilyresources.org) - Phone 515-576-7261
- **InfoNet Online:** [www.fortdodge.org/infonet](http://www.fortdodge.org/infonet) - Your link to more than 500 community health and human service programs, agencies and organizations in Fort Dodge and Webster County.



# IOWA HEALTH

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- Interventions
- Day/Eve. Outpatient
- Family Involvement
- Education
- Inpatient
- Outreach
- Aftercare

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*"Character, in the long run, is the decisive factor in the life of an individual and of nations alike."*  
— Theodore Roosevelt, 20th-century American president